



Women Veteran's Initiative

of Northwest Ohio



Established by and in partnership with United States Vets, Inc.

December 2018 Newsletter

Healing of Our Veterans Equines Services (H.O.O.V.E.S.)

Hooves is a program created by a veteran for veterans. Amanda Held is the founder and an Air Force veteran whose lifelong work with horses and years of military service makes her uniquely qualified to aid veterans through equine assisted learning. Ms. Held stated that Hooves takes a holistic approach to helping service members and their families through retreats, workshops, individual/family sessions and community groups. The program focuses on regaining control and finding peace of heart and mind. There are a series of ground work exercises (no riding involved) that provide participants with the opportunity to see past struggles which are reflected in the behavior of the horses.



Jen Feak and Tulip
Picture provided by J. Feak.

Jen Feak (Navy veteran) wrote that she had the opportunity to attend a recent weekend retreat and highly recommends the experience as a means to express memories of personal and/or military service related issues. Ms. Feak stated that it is not easy to discuss nor forget some of the memories experienced in ones past life. At the Hooves retreat, veterans talk and get issues off their chest or maybe cry and start to heal. Ms. Feak witnessed a horse walk over to a crying man and comforted him by resting its head on his shoulder. "Horses can sense things in us and it sure helped me. So if you are a veteran and want some healing, I really recommend this program" stated Ms. Feak.

Hooves retreats and workshops are always provided at no cost to veterans and their family members. Services are sponsored by individuals, business, veterans organizations or grant funding.

Contact Hooves: www.hooves.us / 419-930-7936 / info@hooves.us

Interview: Amanda Held and Jen Feak.

Poppy Day

In the November newsletter there appeared an article about the RSA in New Zealand with a picture of their meeting building decorated with poppies. The poppy is one of the ways to honor and remember lost ones throughout the world.

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The National Veterans Memorial and Museum (NVMM)

“Established in 2018 by an act of Congress the National Veterans Memorial and Museum is a tribute to the men and women – in and out of uniform – who have served this country. The memorial/museum mission is to share the veterans experiences with the world“. (NVMM brochure)

The NVMM shows the veterans life before, during and after they serve. The story is told via interactive graphics, rotating images, videos and interviews. There is also a display of every conflict the U.S. was involved in and highlights those who served.

The NVMM opened in late October and is 53,000 square foot and cost \$82 million dollars. It is located in Columbus, Ohio along the riverfront at 300 W. Broad Street. Hours: 10am – 5pm
Cost: Veterans are free. Parking: Available at the NVMM. Veterans park free. The information desk will validate the parking ticket. Veterans must show ID. Additional information regarding hours and admission fees: www.nationalvmm.org or visitors@nationalvmm.org

Denise Schantz and Carolyn Nagy recently visited the NVMM and thought it was very well done. They enjoyed the interactive displays and contributed their names and branch of service to the “star”. The NVMM is still a work in progress and will continue to add new displays.

References: NVMM Brochure, Ohio Magazine November/December 2018, The Blade, October 28, 2018



Picture provided by C. Nagy.



Do You Know?

On the 11th hour of the 11th month of 1918, the “war to end all wars” ended. While the United States, honors all its military veterans annually on November 11, this year is particularly special as it coincides with the 100th anniversary of Armistice Day and Remembrance Day (Poppy Day). The common poppy produces seeds that can remain dormant in the soil for as long as 100 years. Since seeds need light to grow, they only germinate in disturbed soils. Trench digging. Bombs, and mass cemeteries decimated Europe’s landscape during WWI, causing millions of poppies to bloom on the disrupted soil. Imagine the contrast between the horrors of war and the beauty of red poppies blanketing the European countryside. This image lead Canadian Lieutenant Colonel John McCrae to write Flanders Fields (published 1918).

Reference: www.smithsonianmag.com

Auto Repair for Veterans

David Marrufo (Tireman Customer Service Manger) manned a table at the UT Veteran Appreciation event on November 11, 2018. Mr. Marrufo stated that qualified veterans needing assistance with funding for auto repair should contact the Veterans Service Commission for an application. Mr. Marrufo will evaluate your total auto service needs and communicate the cost to the Veteran Service Commission. The process for approval takes about three days. If the veteran is not approved, Tireman will work with the veteran to make sure they are driving a safe car. Mr. Marrufo is also willing to walk the veteran through the application process.

Lucas County Veterans Service Commission
2595 Arlington Avenue Suite 2018-11-18 Toledo, Ohio
419-213-6090
Hours: Monday - Friday 8:30am - 4:00pm

David Marrufo (Customer Service Manager)
Tireman Auto Service
532 Illinois Avenue
Maumee, Ohio
419-891-7971



Holiday Gathering

- * Weds., Dec. 5, 2018 at 6:00 pm
- * Don Juan Mexican Grill & Bar
Dussel Road, Maumee
- * Raffle and Other Surprises
- * Hor d'oeuvres Provided by WVI
Beverages at your own Expense
- * RSVP by Dec. 1, 2018 at
cenagy@bex.net

WVI Contact: Carolyn Nagy
Phone: 419-893-5491
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United States Vets, Inc. is a tax exempt non-profit organization dedicated to meeting the needs of veterans and their families.